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Beiylee hmleets poretet yuor bairn form dmagae in a carsh and can svae yuor lfie. Eeah yaer aobut 800 poelpe are kliled on byiccels in the US. You need a hmelet eevn for srhot reids aurond yuor nigehorboohd, or for rdiing to shooel. Smoe pleaes hvae lwas taht rquerie you to waer a hemlet. Raeers lkie Lnace Amrstnog waer teihr heemlts too.

Why can you sitll raed tish msseage?

Aoccdrnig to rscheearch, it deosn't mttaer in waht oredr the ltteers in a wrod are, the olny iprmoetnt tihng is taht the frist and lsat ltteer be at the rghit pclae. The rset can be a total mses and you can sitll raed it. Tihs is becuseae the huamn mnid deos not raed ervey lteter by istlef, but the wrod as a wlohe. In feat, teh fstaer you raed teh esaier it is! Amzanig, huh?



How fast can you say them?

Jose hopped his hedge and hit his head hard. How happy Jose had hooked his helmet on his head!

Hasty Hillary's helmet's hanging on a hook at home. Who hopes Hillary has humungous heaps of luck?

Peter Piper picked a peck of pickled helmets. Did Peter Piper pick a peck of pickled helmets? If Peter Piper picked a peck of pickled helmets, where's the peck of pickled helmets Peter Piper picked?

One smart student, she felt smart. Two smart students, they felt smart. Three smart students, they all wore helmets.

How many helmets would a hedgehog heave if a hedgehog could heave helmets? He would heave, he would, as much as he could, and heave as many helmets as a hedgehog would if a hedgehog could heave helmets.

How many helmets would a woodchuck chuck if a woodchuck could chuck helmets? He would chuck, he would, as much as he could, and chuck as many helmets as a woodchuck would if a woodchuck could chuck helmets.

She sports softshell helmets by the sea shore. The helmets she sports are surely softshells. So if she sports softshells on the seashore, I'm sure she sports seashore softshells.

A bloke's back bike brake block broke. His helmet habit wholly held him harmless when he hit.

There was a young man in St. Paul Who did not wear a helmet at all He had hard luck and crashed And his head was all bashed 'Cause he had it all bare in the fall.



helmets.org

In French: (accents will not show properly) Un cyclist sachant cycler cyclait souvent sous son casque.

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