LEARN TO RIDE RIGHT!
A Coloring and Activities Book to Help You Ride Your Bike Safely
Riding your bike is fun—if you do it *safely*.

**Use your left hand to signal for turns and stops.**

Extend your arm straight out to signal a **left turn**.

For a **right turn**, extend your arm out and up.

When coming to a **stop**, extend your arm out and down.

Bikes are considered vehicles, just like cars or trucks. So bike riders must obey all street signs and traffic lights.

Match the words on the far-right side with the correct sign shapes.
Always wear a bicycle helmet when you ride your bike.

Helmets should be fitted and worn properly!

Too loose! Your helmet should not slide around on your head.

This guy is missing the point completely!

A perfect fit! Helmet is snug and stays centered on your head.

My helmet protects my head just like my shell protects my body.

___ One Way
___ No Bicycles
___ Stop
___ Yield
Bicycling Do’s and Don’ts

Remember—a safe rider is a smart rider. Watch for cars and obey street signs. NEVER enter a roadway between parked cars! At busy intersections, get off your bike and use the crosswalk.

When you’re old enough to ride your bike in the street—be extra careful! Stop and look all ways before riding into the street. Be sure you see all the cars, and be sure they see YOU! Ride on the right side and go the same way as cars. Ride single file, near the curb—so that cars have room, too.

Your brakes are very important. Check to see if the brake pads are worn. If they are, have a grown-up help you replace them!

It’s best not to ride at night, but if you must ride at night:
- Wear bright-colored, reflective clothing.
- Use a headlight, a tail light and a leg-strap light.
- Make sure your bike has lots of reflectors.

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